

Have You Tried Therapy for OCD?

Are you between 13-17 years old?

Do you want to help researchers learn more about treating OCD?

Purpose: The purpose of this study is to learn more about how exposure therapy works for teens with OCD by learning more about different ways of thinking, different experiences in therapy for teens with OCD, and how thinking effects behavior.

Who: We are seeking teens between 13 and 17 years old who are currently, or who have previously, been in exposure therapy for OCD. If you're not sure if you are in exposure therapy, ask our study team! Permission from your parent is required to enroll in this study.

What will you be asked to do: You will be asked to complete a game and answer survey questions about your OCD and the treatment you have tried online, which will take you about 35 minutes. If your parent/caregiver would like, they can also participate by answering survey questions about OCD treatment online.

Why would I do this study: You may help researchers learn information about important ways that treatment could be changed so that it works for more teens with OCD.

Participants will receive:

- Enter a raffle to win one of two \$100 Visa gift cards
- A self-help book for teens with OCD

If you are interested or have questions call, text, or email our study team:

Katrina Daigle, MA, MS
Study Co-Investigator
kdaigle@suffolk.edu
617-394-8876



Researchers at Suffolk University and the New England Center for OCD and Anxiety want to learn more about your experiences with exposure therapy to help us understand how treatment works for teens like you!

Contact Katrina at **617-394-8876** if interested or if you have questions!