

Experiences of Mental Health, Race, and Psychological Flexibility: A Survey

Racial microaggressions are common with many physical and emotional health impacts. We are seeking to better understand their impact on symptoms of OCD and the role of psychological flexibility as a potential avenue for future treatment. **You do not need to have an OCD diagnosis to participate!**

Eligibility Criteria:

Must be at least 18 years old

Must identify with at least 1 non-white racial identity

You could win a \$25 Amazon gift card!



Survey takes 10-15 min.

Follow this link or scan the QR code:

tinyurl.com/MentalHealthRace

IRB Approval #: 21.056

Contact mbrowning@umassd.edu or elizabeth.richardson@umassd.edu for questions and concerns